

UOAA Mission

UOAA promotes the quality of life for people living with ostomies and continent diversions through information, support, advocacy and collaboration.

For more information or to donate, visit www.ostomy.org or call us at 800-826-0826. UOAA offers educational materials and resources including our New Ostomy Patient Guide, support groups, advocacy and more.

Visit www.ostomy.org for information, discussion boards and links to social media and support groups. You can also become a National Member by going to www.ostomy.org/membership/.

Looking for a nearby Support Group?

Our Support Group Finder on our website is easy to use, just enter a City, State or Zip Code (preferable) and the 4 closest support groups will appear!

UOAA Support Group Finder:

<https://ostomy.org/support-group-finder>



SPOKANE OSTOMY SUPPORT GROUP



Is Here for You!



Spokane Ostomy Support Group (SOSG) is affiliated with United Ostomy Associations of America, Inc.

SOSG meets the first Tuesday of each month in-person or via Zoom; times may vary.

Please call a contact listed below for meeting time and location, or to arrange a one-on-one conversation.



One-on-one Conversation

with an experienced ostomate is also available
- In person, via phone, or virtually.

Contact Information

Carol Nelson: 509-638-6291 carol@nelsonwheat.com

or

Phil Moyle: 509-251-6988 pmoyle6000@aol.com

For information on Spokane and other regional support groups, go to:

<http://inlandnwostomy.org>

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Living With An Ostomy

Spokane Ostomy Support Group

1-509- 638-6291



800-826-0826
www.ostomy.org

"UOAA support groups can enhance the quality of life for people who have an ostomy surgery". Margaret T. Goldberg MSN, CWOCA (Past President, WOCN Society)